

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-----------------------|------------|------------|---------------|------------|-------------------|---------------------|---------------|-------------|----------------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Women 73km | 1 | 1 | 137 | VWL | Sandra | Haywood | 03.11.27 | 1 | |
| | 2 | 1 | 140 | SWL | Kirsten | Gillespie | 03.15.25 | 1 | |
| | 3 | 1 | 147 | SXL | Retha | Harding | 03.29.49 | 1 | |
| | 4 | 2 | 252 | SXL | Telaine | Grobler | 03.52.25 | 1 | |
| | 5 | 2 | 101 | VWL | Mariaan | Janse Van Rensburg | 04.03.13 | 1 | |
| | 6 | 1 | 123 | MWL | Louisa | De Swardt | 04.25.47 | 1 | |
| | 7 | 2 | 141 | SWL | Hannie | Van Der Walt | 04.29.42 | 1 | |
| | 8 | 3 | 151 | SXL | Dinize | Wilsch | 05.24.18 | 1 | |
| | 9 | 4 | 157 | SXL | Jennifer | Whitfield | 05.36.30 | 1 | |
| | 10 | 5 | 156 | SXL | Melanie | De Scally | 05.36.32 | 1 | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 73km | 1 | 1 | 135 | SVL | Christo | Carelsen | 02.46.30 | 1 | |
| | 2 | 2 | 145 | SVL | Klaas | Meintjes | 02.48.42 | 1 | |
| | 3 | 1 | 143 | SML | Dean | Wortmann | 02.50.21 | 1 | |
| | 4 | 2 | 178 | SML | Lungelo | Mlangeni | 02.58.51 | 1 | |
| | 5 | 1 | 134 | VML | Willie | Horn | 02.58.53 | 1 | |
| | 6 | 3 | 163 | SML | Sifiso | Mhlanga | 02.58.55 | 1 | |
| | 7 | 4 | 131 | SML | Mduduzi | Zwane | 02.59.11 | 1 | |
| | 8 | 1 | 173 | MML | William | Kelly | 02.59.16 | 1 | |
| | 9 | 2 | 138 | VML | Everett | Haywood | 03.11.29 | 1 | |
| | 10 | 3 | 149 | VML | Colin | Lovely | 03.22.00 | 1 | |
| | 11 | 1 | 148 | GML | Ben | Beningfield | 03.22.00 | 1 | |
| | 12 | 4 | 117 | VML | Lazaraus | Moripa | 03.22.02 | 1 | |
| | 13 | 3 | 144 | SVL | Laurie | Murton | 03.22.59 | 1 | |
| | 14 | 5 | 171 | VML | Mark | Wilsch | 03.26.34 | 1 | |
| | 15 | 6 | 172 | VML | Arsenio | Caniat | 03.26.34 | 1 | |
| | 16 | 7 | 113 | VML | Nickie | Horn | 03.27.09 | 1 | |
| | 17 | 8 | 126 | VML | Brett | Foss | 03.29.19 | 1 | |
| | 18 | 4 | 170 | SVL | Thulani | Gule | 03.31.15 | 1 | |
| | 19 | 9 | 152 | VML | Jesus | Gavilan | 03.43.06 | 1 | |
| | 20 | 2 | 121 | MML | Vitor | Oliveira | 03.43.57 | 1 | |
| | 21 | 5 | 159 | SVL | Zakhele | Mdluli | 03.45.51 | 1 | |
| | 22 | 2 | 103 | GML | Ewie | Rust | 03.47.14 | 1 | |
| | 23 | 3 | 116 | GML | Frans | Van Dyk | 03.47.41 | 1 | |
| | 24 | 6 | 124 | SVL | Stefus | Jansen Van Rensburg | 03.48.34 | 1 | |
| | 25 | 7 | 165 | SVL | Arnold | Pouwels | 03.48.36 | 1 | |
| | 26 | 8 | 175 | SVL | Sive | Mamba | 03.49.10 | 1 | |
| | 27 | 4 | 180 | GML | George | Wilsenach | 03.52.27 | 1 | |
| | 28 | 3 | 166 | MML | Joao | Dias | 03.52.29 | 1 | |
| | 29 | 9 | 179 | SVL | Jabulani | Dlamini | 03.52.51 | 1 | |
| | 30 | 4 | 112 | MML | Jon | Williams | 03.54.54 | 1 | |
| | 31 | 5 | 119 | MML | William | Stein | 03.55.32 | 1 | |
| | 32 | 10 | 132 | VML | Tom | How | 03.55.34 | 1 | |
| | 33 | 11 | 118 | VML | Jan | Cloin | 03.57.54 | 1 | |
| | 34 | 12 | 133 | VML | Jabulani | Xulu | 03.58.59 | 1 | |
| | 35 | 5 | 177 | SML | Eric | Sikhondze | 03.59.02 | 1 | |
| | 36 | 10 | 146 | SVL | Frik | Scheepers | 04.01.08 | 1 | |
| | 37 | 13 | 102 | VML | Rikus | Janse Van Rensburg | 04.03.10 | 1 | |
| | 38 | 14 | 120 | VML | Gastao | Mendes | 04.03.19 | 1 | |
| | 39 | 11 | 125 | SVL | Shaun | Kiley | 04.05.29 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-----------------------|------------|------------|---------------|------------|-------------------|--------------------|---------------|-------------|----------------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 73km | 40 | 6 | 176 | SML | Allen | Dlamini | 04.06.09 | 1 | |
| | 41 | 15 | 168 | VML | Anton | Calitz | 04.11.37 | 1 | |
| | 42 | 6 | 105 | MML | Jerry | Mobbs | 04.11.39 | 1 | |
| | 43 | 5 | 174 | GML | John | Carew | 04.15.27 | 1 | |
| | 44 | 16 | 155 | VML | Jeremy | Boyd | 04.17.27 | 1 | |
| | 45 | 7 | 108 | MML | Alex | Thomson | 04.17.28 | 1 | |
| | 46 | 7 | 142 | SML | Philip | Van Der Walt | 04.29.43 | 1 | |
| | 47 | 6 | 130 | GML | Peter | Mckinnon | 04.39.58 | 1 | |
| | 48 | 17 | 129 | VML | Nardus | Janse Van Rensburg | 04.42.38 | 1 | |
| | 49 | 8 | 169 | SML | Luan | Mans | 04.42.40 | 1 | |
| | 50 | 8 | 111 | MML | Theo | Van Rensburg | 04.48.14 | 1 | |
| | 51 | 9 | 110 | MML | Coert | Dreyer | 04.52.53 | 1 | |
| | 52 | 10 | 162 | MML | Themba | Kaudi | 05.07.27 | 1 | |
| | 53 | 12 | 160 | SVL | Mduduzi | Kaudi | 05.07.29 | 1 | |
| 54 | 13 | 150 | SVL | Mohammed | Mansoor | 05.24.20 | 1 | | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Women 42km | 1 | 1 | 367 | VWM | Linda | Loffler | 01.54.45 | 1 | |
| | 2 | 1 | 414 | MWM | Lucinda | Bride | 01.56.12 | 1 | |
| | 3 | 2 | 419 | MWM | Bev | Gillespie | 02.04.13 | 1 | |
| | 4 | 1 | 328 | SXM | Diane | Webb | 02.08.47 | 1 | |
| | 5 | 3 | 480 | MWM | Lesley | Foss | 02.09.33 | 1 | |
| | 6 | 2 | 369 | VWM | Cynthia | Bekker | 02.11.18 | 1 | |
| | 7 | 3 | 368 | VWM | Ohmar | Fernandes | 02.18.48 | 1 | |
| | 8 | 4 | 365 | VWM | Cordelia | Henwood | 02.19.23 | 1 | |
| | 9 | 5 | 371 | VWM | Beth | Svacha | 02.25.13 | 1 | |
| | 10 | 6 | 373 | VWM | Christa | Du Plessis | 02.26.24 | 1 | |
| | 11 | 7 | 372 | VWM | Emmerentia | Van Der Merwe | 02.26.38 | 1 | |
| | 12 | 1 | 310 | SWM | Callie | Wade | 02.27.28 | 1 | |
| | 13 | 4 | 415 | MWM | Michelle | Pace | 02.29.32 | 1 | |
| | 14 | 8 | 370 | VWM | Fiona | Ralfe | 02.31.16 | 1 | |
| | 15 | 2 | 330 | SXM | Mandisa | Simelane | 02.35.23 | 1 | |
| | 16 | 1 | 456 | GWM | Mary | Thomson | 02.36.18 | 1 | |
| | 17 | 2 | 457 | GWM | Mary | Mardall | 02.39.07 | 1 | |
| | 18 | 5 | 416 | MWM | Alison | Evans | 02.39.09 | 1 | |
| | 19 | 3 | 329 | SXM | Emmarentia | Roos | 02.44.02 | 1 | |
| | 20 | 4 | 326 | SXM | Adele | Scheepers | 02.44.05 | 1 | |
| | 21 | 6 | 420 | MWM | Clair | Oats | 02.44.36 | 1 | |
| | 22 | 2 | 311 | SWM | Khanyisile | Vilakati | 02.45.30 | 1 | |
| | 23 | 1 | 306 | JW | Thulebona | Simelane | 02.52.35 | 1 | |
| | 24 | 5 | 327 | SXM | Tania | Mitchell | 02.54.18 | 1 | |
| | 25 | 7 | 417 | MWM | Lynne | Beningfield | 02.54.46 | 1 | |
| | 26 | 8 | 421 | MWM | Jennifer | Howland | 02.56.58 | 1 | |
| | 27 | 9 | 375 | VWM | Sheila | Van Zuydam | 03.02.46 | 1 | |
| | 28 | 3 | 309 | SWM | Heather | Coombe | 03.47.12 | 1 | |
| | 29 | 9 | 418 | MWM | Hilary | Coombe | 03.53.54 | 1 | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 42km | 1 | 1 | 364 | SMM | Smilo | Nyoni | 01.39.49 | 1 | |
| | 2 | 2 | 321 | SMM | Mcebo | Langa | 01.40.17 | 1 | |
| | 3 | 3 | 322 | SMM | Ayanda | Dlamini | 01.40.46 | 1 | |
| | 4 | 1 | 347 | SVM | Richard | Darne | 01.40.54 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-------------------|--------|-----|---------------|-----|---------------|------------|---------------|------|---------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 42km | 5 | 4 | 424 | SMM | Dario | Almeida | 01.41.50 | 1 | |
| | 6 | 2 | 343 | SVM | Nkosingiphile | Masilela | 01.43.15 | 1 | |
| | 7 | 5 | 483 | SMM | Paulo | Almeida | 01.47.42 | 1 | |
| | 8 | 1 | 349 | JM | Ciniso | Dlamini | 01.47.44 | 1 | |
| | 9 | 6 | 320 | SMM | Fernando | Rocha | 01.49.01 | 1 | |
| | 10 | 7 | 312 | SMM | Saló | Tchamo | 01.49.09 | 1 | |
| | 11 | 1 | 461 | GMM | Dennis | Lawrie | 01.50.42 | 1 | |
| | 12 | 1 | 315 | MMM | Jahalethu | Dlamini | 01.52.14 | 1 | |
| | 13 | 8 | 316 | SMM | Lungelo | Dlamini | 01.52.14 | 1 | |
| | 14 | 9 | 313 | SMM | Suneid | Daúdo | 01.52.49 | 1 | |
| | 15 | 1 | 381 | VMM | Paul | Loffler | 01.53.27 | 1 | |
| | 16 | 3 | 346 | SVM | Brian | Henn | 01.54.37 | 1 | |
| | 17 | 2 | 476 | MMM | Esau | Du Pont | 01.54.39 | 1 | |
| | 18 | 4 | 333 | SVM | Makhosonkhe | Manana | 01.54.41 | 1 | |
| | 19 | 10 | 317 | SMM | Phila | Gama | 01.54.55 | 1 | |
| | 20 | 3 | 439 | MMM | Paul | Nel | 01.54.58 | 1 | |
| | 21 | 5 | 345 | SVM | Phinda | Jele | 01.55.58 | 1 | |
| | 22 | 4 | 479 | MMM | Nico | Du Plessis | 01.57.18 | 1 | |
| | 23 | 6 | 481 | SVM | Samuel | Mussagy | 01.59.22 | 1 | |
| | 24 | 7 | 350 | SVM | Mfundo | Maphanga | 01.59.25 | 1 | |
| | 25 | 8 | 348 | SVM | Gerson | Jamal | 02.00.13 | 1 | |
| | 26 | 5 | 449 | MMM | Nick | Raba | 02.00.27 | 1 | |
| | 27 | 2 | 485 | VMM | Gary | Hayter | 02.01.03 | 1 | |
| | 28 | 2 | 478 | GMM | Nigel | Marlin | 02.01.57 | 1 | |
| | 29 | 3 | 401 | VMM | Kevin | Lincoln | 02.02.00 | 1 | |
| | 30 | 4 | 410 | VMM | Martin | Herbst | 02.02.40 | 1 | |
| | 31 | 5 | 402 | VMM | Eddie | Lightfoot | 02.03.10 | 1 | |
| | 32 | 6 | 383 | VMM | Sikhumbuzo | Dlamini | 02.04.25 | 1 | |
| | 33 | 9 | 331 | SVM | Dumsani | Nkosi | 02.04.48 | 1 | |
| | 34 | 1 | 305 | YM | Benjamin | Svacha | 02.05.14 | 1 | |
| | 35 | 7 | 379 | VMM | Aero | Mthembu | 02.07.10 | 1 | |
| | 36 | 8 | 382 | VMM | Clinton | Mcnamara | 02.07.12 | 1 | |
| | 37 | 9 | 393 | VMM | Shachar | Uzan | 02.07.40 | 1 | |
| | 38 | 11 | 318 | SMM | Bhekithemba | Tshapile | 02.08.10 | 1 | |
| | 39 | 10 | 385 | VMM | Thokozani | Dlamini | 02.09.02 | 1 | |
| | 40 | 6 | 442 | MMM | Steve | Rugg | 02.09.20 | 1 | |
| | 41 | 10 | 353 | SVM | Sam | Simelane | 02.09.20 | 1 | |
| | 42 | 2 | 303 | YM | Caleb | Young | 02.09.20 | 1 | |
| | 43 | 11 | 412 | VMM | Merek | Svacha | 02.10.20 | 1 | |
| | 44 | 12 | 482 | SMM | Renato | Oliveira | 02.11.12 | 1 | |
| | 45 | 7 | 482 | MMM | Freedom | Dlamini | 02.11.12 | 1 | |
| | 46 | 8 | 431 | MMM | Kobus | Bekker | 02.11.12 | 1 | |
| | 47 | 13 | 319 | SMM | Sabelo | Makama | 02.11.12 | 1 | |
| | 48 | 12 | 409 | VMM | Sanele | Msibi | 02.11.39 | 1 | |
| | 49 | 9 | 451 | MMM | Ronny | Nxumalo | 02.12.04 | 1 | |
| | 50 | 14 | 323 | SMM | Theodor | Roos | 02.12.54 | 1 | |
| | 51 | 3 | 475 | GMM | Barry | Spencer | 02.13.50 | 1 | |
| | 52 | 13 | 394 | VMM | Sam | Hodgson | 02.14.10 | 1 | |
| | 53 | 14 | 413 | VMM | Danny | Heenan | 02.15.10 | 1 | |
| | 54 | 11 | 336 | SVM | Dumsani | Masimula | 02.15.27 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-------------------|--------|-----|---------------|-----|------------|---------------|---------------|------|---------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 42km | 55 | 15 | 484 | SMM | Data | Required | 02.16.10 | 1 | |
| | 56 | 4 | 474 | GMM | Lindsay | Robertson | 02.17.13 | 1 | |
| | 57 | 10 | 443 | MMM | John | Du Plessis | 02.18.32 | 1 | |
| | 58 | 11 | 447 | MMM | Bruce | Becker | 02.19.40 | 1 | |
| | 59 | 15 | 441 | VMM | Rodney | Young | 02.20.12 | 1 | |
| | 60 | 5 | 465 | GMM | Donald | Squires | 02.20.33 | 1 | |
| | 61 | 16 | 444 | VMM | Glynton | Reed | 02.20.35 | 1 | |
| | 62 | 17 | 399 | VMM | Nevill | Getkate | 02.20.37 | 1 | |
| | 63 | 12 | 437 | MMM | George | Brown | 02.20.57 | 1 | |
| | 64 | 18 | 398 | VMM | Abrie | Greyling | 02.21.24 | 1 | |
| | 65 | 13 | 487 | MMM | Chris | Jackson | 02.21.40 | 1 | |
| | 66 | 14 | 488 | MMM | Colin | Crick | 02.21.47 | 1 | |
| | 67 | 12 | 341 | SVM | Madada | Hlongwane | 02.22.34 | 1 | |
| | 68 | 19 | 411 | VMM | Khulekani | Matsenia | 02.23.21 | 1 | |
| | 69 | 13 | 356 | SVM | Merica | Vilakazi | 02.23.23 | 1 | |
| | 70 | 20 | 397 | VMM | Francois | Roux | 02.23.37 | 1 | |
| | 71 | 15 | 436 | MMM | Dirk | Van Der Merwe | 02.23.55 | 1 | |
| | 72 | 21 | 396 | VMM | Cameron | Svacha | 02.25.15 | 1 | |
| | 73 | 14 | 477 | SVM | Piet | Van Dyk | 02.25.17 | 1 | |
| | 74 | 15 | 340 | SVM | Peter | Blows | 02.26.14 | 1 | |
| | 75 | 22 | 386 | VMM | Sam | Breero | 02.27.11 | 1 | |
| | 76 | 16 | 342 | SVM | Justice | Masinga | 02.28.10 | 1 | |
| | 77 | 23 | 404 | VMM | Willie | Roux | 02.28.35 | 1 | |
| | 78 | 6 | 473 | GMM | Johan | Grobler | 02.29.22 | 1 | |
| | 79 | 7 | 462 | GMM | Fulvio | Pace | 02.29.31 | 1 | |
| | 80 | 8 | 459 | GMM | Michael | Ferreira | 02.29.35 | 1 | |
| | 81 | 16 | 337 | SMM | Sikwumbuzo | Dlamini | 02.30.04 | 1 | |
| | 82 | 9 | 486 | GMM | Marius | Fischer | 02.30.09 | 1 | |
| | 83 | 17 | 363 | SVM | Jaco | Fischer | 02.30.14 | 1 | |
| | 84 | 18 | 362 | SVM | Lucolo | Sengwayo | 02.30.43 | 1 | |
| | 85 | 16 | 446 | MMM | Royden | Fisher | 02.31.26 | 1 | |
| | 86 | 17 | 452 | MMM | John | Hamilton | 02.31.28 | 1 | |
| | 87 | 18 | 432 | MMM | Rodney | Mountjoy | 02.32.00 | 1 | |
| | 88 | 19 | 335 | SVM | Sibusiso | Mamba | 02.33.00 | 1 | |
| | 89 | 19 | 427 | MMM | Paolo | Rondini | 02.33.55 | 1 | |
| | 90 | 3 | 301 | YM | Sakhiseni | Dlamini | 02.34.27 | 1 | |
| | 91 | 10 | 471 | GMM | David | Rendall | 02.34.33 | 1 | |
| | 92 | 17 | 325 | SMM | Phumlani | Kunene | 02.35.15 | 1 | |
| | 93 | 11 | 470 | GMM | Sean | Johnson | 02.35.44 | 1 | |
| | 94 | 20 | 354 | SVM | Sifiso | Nkomo | 02.35.51 | 1 | |
| | 95 | 24 | 380 | VMM | Mpumelelo | Mdluli | 02.35.57 | 1 | |
| | 96 | 21 | 352 | SVM | Mluwgesi | Dube | 02.36.04 | 1 | |
| | 97 | 25 | 403 | VMM | Philip | Daniel | 02.36.11 | 1 | |
| | 98 | 12 | 466 | GMM | Luis Paulo | Alvares | 02.37.24 | 1 | |
| | 99 | 26 | 400 | VMM | Sergio | Muteto | 02.38.49 | 1 | |
| | 100 | 13 | 472 | GMM | Dirk | Horn | 02.39.20 | 1 | |
| | 101 | 27 | 408 | VMM | Charles | Van Zuydam | 02.39.57 | 1 | |
| | 102 | 22 | 339 | SVM | Mlandvo | Simelane | 02.40.45 | 1 | |
| | 103 | 20 | 448 | MMM | John | Browne | 02.41.22 | 1 | |
| | 104 | 28 | 388 | VMM | Hugo | Batista | 02.41.37 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-----------------------|--------|-----|---------------|---------|-------------|----------------|---------------|------|---------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 42km | 105 | 29 | 387 | VMM | Jeremia | Masiphula | 02.42.24 | 1 | |
| | 106 | 30 | 391 | VMM | Sibusiso | Masilela | 02.44.03 | 1 | |
| | 107 | 14 | 468 | GMM | Chris | Tatham | 02.53.34 | 1 | |
| | 108 | 15 | 463 | GMM | Peter | Hughes | 02.53.35 | 1 | |
| | 109 | 21 | 434 | MMM | Alan | Howland | 02.56.55 | 1 | |
| | 110 | 22 | 453 | MMM | Johan | Van Wyk | 02.58.23 | 1 | |
| | 111 | 16 | 464 | GMM | Dave | Birnie | 03.00.08 | 1 | |
| | 112 | 23 | 361 | SVM | Derrick | Shiba | 03.02.55 | 1 | |
| | 113 | 24 | 334 | SVM | Mxolisi | Gumede | 03.02.55 | 1 | |
| | 114 | 23 | 438 | MMM | Kevin | Drew | 03.03.16 | 1 | |
| | 115 | 24 | 430 | MMM | Sergio | Fernandes | 03.04.47 | 1 | |
| | 116 | 25 | 429 | MMM | Sergio | Alvares | 03.04.47 | 1 | |
| | 117 | 26 | 435 | MMM | Jorge | Alvares | 03.04.47 | 1 | |
| | 118 | 27 | 423 | MMM | Mark | Blewitt | 03.05.16 | 1 | |
| | 119 | 31 | 389 | VMM | Timothy | Ndlagamandla | 03.10.00 | 1 | |
| | 120 | 32 | 406 | VMM | Stuart | Hulley | 03.14.50 | 1 | |
| | 121 | 33 | 384 | VMM | Isreal | Lukhele | 03.17.15 | 1 | |
| | 122 | 25 | 355 | SVM | Bonginkhosi | Madonsela | 03.26.21 | 1 | |
| | 123 | 4 | 302 | YM | Logan | Cory | 03.28.02 | 1 | |
| | 124 | 26 | 351 | SVM | Nic | Cory | 03.28.13 | 1 | |
| 125 | 28 | 450 | MMM | Russell | Humphrey | 03.31.19 | 1 | | |
| 126 | 29 | 425 | MMM | Peter | Bristow | 03.31.21 | 1 | | |
| 127 | 30 | 455 | MMM | Duncan | Graham | 03.31.24 | 1 | | |
| 128 | 31 | 454 | MMM | Mike | Goldstone | 03.31.26 | 1 | | |
| 129 | 32 | 433 | MMM | Rob | Coombe | 03.53.56 | 1 | | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Women 23km | 1 | 1 | 608 | JG | Jessica | Svacha | 00.54.53 | 1 | |
| | 2 | 2 | 601 | JG | Keana | Toepfer | 00.57.38 | 1 | |
| | 3 | 3 | 644 | JG | Chloe | Breero | 01.01.41 | 1 | |
| | 4 | 1 | 690 | OWS | Joan | Mountjoy | 01.03.35 | 1 | |
| | 5 | 2 | 642 | OWS | Sebe | Magongo | 01.04.57 | 1 | |
| | 6 | 3 | 641 | OWS | Annett | Schwichtenberg | 01.05.04 | 1 | |
| | 7 | 4 | 706 | JG | Zita-Leigh | Lottering | 01.07.52 | 1 | |
| | 8 | 5 | 707 | JG | Zuna-Mae | Lottering | 01.08.26 | 1 | |
| | 9 | 4 | 704 | OWS | Kathleen | Svacha | 01.08.35 | 1 | |
| | 10 | 5 | 664 | OWS | Happiness | Mthethwa | 01.09.26 | 1 | |
| | 11 | 6 | 652 | OWS | Gabriela | Fernandes | 01.09.58 | 1 | |
| | 12 | 6 | 604 | JG | Monja | Schiller | 01.10.50 | 1 | |
| | 13 | 7 | 645 | OWS | Cara | Breero | 01.12.14 | 1 | |
| | 14 | 8 | 659 | OWS | Corrine | Fourie | 01.13.25 | 1 | |
| | 15 | 9 | 639 | OWS | Lyla | Berman | 01.13.35 | 1 | |
| | 16 | 7 | 606 | JG | Kyla | Webb | 01.14.03 | 1 | |
| | 17 | 8 | 607 | JG | Nicole | Raba | 01.14.44 | 1 | |
| | 18 | 10 | 708 | OWS | Beverley | Raba | 01.14.47 | 1 | |
| | 19 | 11 | 640 | OWS | Carla | Cabrita | 01.21.17 | 1 | |
| | 20 | 12 | 649 | OWS | Petrichia | Carelsen | 01.22.16 | 1 | |
| | 21 | 13 | 656 | OWS | Lenie | Van Dyk | 01.22.48 | 1 | |
| | 22 | 14 | 693 | OWS | Happiness | Mthethwa | 01.24.07 | 1 | |
| | 23 | 9 | 605 | JG | Norael | Schiller | 01.26.06 | 1 | |
| | 24 | 15 | 678 | OWS | Katja | Schiller | 01.26.08 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-----------------------|----------|-----|---------------|-----|--------------|------------------|---------------|------|---------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Women 23km | 25 | 16 | 683 | OWS | Susan | Van Dyk | 01.27.23 | 1 | |
| | 26 | 17 | 653 | OWS | Jacqi | Beyleveldt | 01.28.13 | 1 | |
| | 27 | 18 | 634 | OWS | Thembi | Gumede | 01.30.42 | 1 | |
| | 28 | 19 | 684 | OWS | Jolinda | Botha | 01.33.30 | 1 | |
| | 29 | 20 | 679 | OWS | Helena | Du Plessis | 01.39.05 | 1 | |
| | 30 | 21 | 674 | OWS | Mary | Van Der Berg | 01.39.13 | 1 | |
| | 31 | 22 | 663 | OWS | Nomfundo | Jiyane | 01.40.32 | 1 | |
| | 32 | 23 | 682 | OWS | Claudia | Ramos | 01.42.14 | 1 | |
| | 33 | 24 | 694 | OWS | Wendy | Mckinnon | 01.44.36 | 1 | |
| | 34 | 25 | 655 | OWS | Vanessa | Jackson | 01.58.04 | 1 | |
| | 35 | 26 | 681 | OWS | Megan | Becker | 02.10.21 | 1 | |
| | 36 | 10 | 651 | JG | Eryn | Webb | 02.10.25 | 1 | |
| | 37 | 27 | 689 | OWS | Sonia | Lemos | 02.14.38 | 1 | |
| | 38 | 11 | 603 | JG | Tema | Shongwe | 02.43.20 | 1 | |
| | 39 | 1 | 306 | JW | Thulebona | Simelane | 02.52.35 | 1 | |
| | Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps |
| ALL Men 23 km | 1 | 1 | 696 | OMS | Siyandza | Dlamini | 00.51.55 | 1 | |
| | 2 | 1 | 630 | JB | Gert | Peens | 00.54.23 | 1 | |
| | 3 | 2 | 646 | OMS | Mayibongwe | Nkhoma | 00.56.54 | 1 | |
| | 4 | 3 | 687 | OMS | Nhlanhla | Vilakati | 00.57.32 | 1 | |
| | 5 | 4 | 671 | OMS | Mbongiseni | Ndlangangamandla | 01.00.07 | 1 | |
| | 6 | 2 | 613 | JB | Hayden | Loffler | 01.00.37 | 1 | |
| | 7 | 5 | 702 | OMS | Kenneth | Shongwe | 01.03.03 | 1 | |
| | 8 | 3 | 624 | JB | Pieter-Andre | Van Der Merwe | 01.03.15 | 1 | |
| | 9 | 6 | 635 | OMS | Alex | Ndluli | 01.04.14 | 1 | |
| | 10 | 7 | 638 | OMS | Steve | Bosch | 01.04.25 | 1 | |
| | 11 | 4 | 629 | JB | Caleb | Manana | 01.04.48 | 1 | |
| | 12 | 5 | 614 | JB | Timo | Toepfer | 01.04.50 | 1 | |
| | 13 | 6 | 609 | JB | Graeme | Abner | 01.07.43 | 1 | |
| | 14 | 8 | 660 | OMS | Gary | Taft | 01.07.57 | 1 | |
| | 15 | 7 | 625 | JB | Vuyiso | Simelane | 01.08.20 | 1 | |
| | 16 | 8 | 619 | JB | Morris | Tfwala | 01.08.35 | 1 | |
| | 17 | 9 | 686 | OMS | Fanus | De Swardt | 01.09.41 | 1 | |
| | 18 | 9 | 628 | JB | Mario | Schiller | 01.09.49 | 1 | |
| | 19 | 10 | 661 | JB | Malik | Mcnamara | 01.09.56 | 1 | |
| | 20 | 10 | 637 | OMS | Graham | Kimber | 01.10.31 | 1 | |
| | 21 | 11 | 650 | OMS | Thomas | Dlamini | 01.10.50 | 1 | |
| | 22 | 11 | 631 | JB | Morne | Herbst | 01.11.34 | 1 | |
| | 23 | 12 | 612 | JB | Jake | Lovely | 01.11.37 | 1 | |
| | 24 | 13 | 618 | JB | Tali | Uzan | 01.12.57 | 1 | |
| | 25 | 14 | 643 | JB | Luke | Breero | 01.13.01 | 1 | |
| | 26 | 12 | 657 | OMS | Paul | Chasusa | 01.13.28 | 1 | |
| | 27 | 13 | 688 | OMS | Gethin | Amoss | 01.13.32 | 1 | |
| | 28 | 14 | 703 | OMS | Jacob | Mashaba | 01.15.34 | 1 | |
| | 29 | 15 | 636 | OMS | Luke | Dlamini | 01.24.33 | 1 | |
| | 30 | 15 | 622 | JB | Ruben | Persson | 01.27.07 | 1 | |
| | 31 | 16 | 654 | OMS | Brian | Beyleveldt | 01.28.06 | 1 | |
| | 32 | 16 | 621 | JB | David | Persson | 01.29.50 | 1 | |
| | 33 | 17 | 695 | JB | Ronan | Thiselton | 01.30.05 | 1 | |
| | 34 | 17 | 648 | OMS | Adrianus | De Koning | 01.30.38 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-----------------------|------------|------------|---------------|------------|-------------------|------------------|---------------|-------------|----------------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 23 km | 35 | 18 | 677 | OMS | Red | Lynyard | 01.30.54 | 1 | |
| | 36 | 19 | 685 | OMS | Jan-Hendrik | Botha | 01.33.32 | 1 | |
| | 37 | 18 | 699 | JB | Matthew | Thiselton | 01.33.59 | 1 | |
| | 38 | 20 | 680 | OMS | Bertus | Du Plessis | 01.39.02 | 1 | |
| | 39 | 21 | 673 | OMS | Kenneth | Rothmann | 01.39.08 | 1 | |
| | 40 | 22 | 705 | OMS | Randall | Van Der Berg | 01.39.11 | 1 | |
| | 41 | 23 | 698 | OMS | Bhekisisa | Dludlu | 01.40.27 | 1 | |
| | 42 | 19 | 627 | JB | Daniel | Barbosa | 01.40.30 | 1 | |
| | 43 | 20 | 626 | JB | Jorge | Carreira | 01.40.34 | 1 | |
| | 44 | 21 | 620 | JB | Siyanda | Dlamini | 01.49.41 | 1 | |
| | 45 | 22 | 611 | JB | Sandgiso | Gumede | 02.43.40 | 1 | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Women 10km | 1 | 1 | 880 | FW | Luaya | Cardoso | 00.40.01 | 1 | |
| | 2 | 1 | 850 | NG | Libby | Ralfe | 00.41.57 | 1 | |
| | 3 | 2 | 852 | NG | Andile | Malaza | 00.46.31 | 1 | |
| | 4 | 3 | 860 | NG | Precious | Jele | 00.48.11 | 1 | |
| | 5 | 2 | 863 | FW | Zodwa | Mcnamara | 00.48.31 | 1 | |
| | 6 | 1 | 811 | AG | Kendra | Mcnamara | 00.48.32 | 1 | |
| | 7 | 2 | 825 | AG | Evie | Ralfe | 00.49.16 | 1 | |
| | 8 | 3 | 828 | AG | Lenhle | Sibandze | 00.50.34 | 1 | |
| | 9 | 4 | 824 | AG | Ella | Ralfe | 00.53.03 | 1 | |
| | 10 | 4 | 848 | NG | Jessica | Kimber | 00.55.10 | 1 | |
| | 11 | 5 | 817 | AG | Bernice | Kimber | 00.55.25 | 1 | |
| | 12 | 6 | 819 | AG | Tatiana | Mnguni | 01.02.22 | 1 | |
| | 13 | 7 | 821 | AG | Lusanda | Dlamini | 01.04.25 | 1 | |
| | 14 | 8 | 826 | AG | Layla | Greyling | 01.04.27 | 1 | |
| | 15 | 3 | 870 | FW | Marlise | Greyling | 01.04.30 | 1 | |
| | 16 | 9 | 829 | AG | Sihlelelwe | Shongwe | 01.04.47 | 1 | |
| | 17 | 5 | 853 | NG | Sima | Tsabedze | 01.04.49 | 1 | |
| | 18 | 4 | 866 | FW | Yael | Uzan-Tidhar | 01.06.20 | 1 | |
| | 19 | 10 | 830 | AG | Lara | Heenan | 01.11.32 | 1 | |
| | 20 | 5 | 879 | FW | Lee Ann | Heenan | 01.11.36 | 1 | |
| | 21 | 11 | 823 | AG | Sasaa | Masango | 01.11.38 | 1 | |
| | 22 | 12 | 827 | AG | Asemahle | Shongwe | 01.13.19 | 1 | |
| | 23 | 6 | 868 | FW | Nosisa | Dube | 01.13.22 | 1 | |
| | 24 | 13 | 818 | AG | Lethu | Nkonyane | 01.25.47 | 1 | |
| | 25 | 7 | 865 | FW | Sonia | Alvares | 01.30.32 | 1 | |
| | 26 | 14 | 820 | AG | Daniella | Alvares | 01.30.34 | 1 | |
| | 27 | 6 | 851 | NG | Dwethu | Lukhele | 01.31.07 | 1 | |
| Category | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 10km | 1 | 1 | 840 | NB | Cebisa | Hlatshwayo | 00.34.06 | 1 | |
| | 2 | 2 | 871 | NB | Uviwe | Vilakati | 00.34.09 | 1 | |
| | 3 | 1 | 854 | SB | Mandisa | Masuku | 00.35.32 | 1 | |
| | 4 | 1 | 877 | FM | Sisekelo | Makhanya | 00.35.43 | 1 | |
| | 5 | 2 | 858 | SB | Esihle | Dludlu | 00.37.38 | 1 | |
| | 6 | 1 | 847 | AB | Kago | Mamba | 00.38.31 | 1 | |
| | 7 | 3 | 839 | NB | Vuyelwa | Mzileni | 00.39.39 | 1 | |
| | 8 | 2 | 810 | AB | Romeo | Jele | 00.39.40 | 1 | |
| | 9 | 3 | 857 | SB | Sphiwosenkosi | Kunene | 00.40.25 | 1 | |
| | 10 | 4 | 881 | NB | Ntandoyenkosi | Dlamini | 00.40.44 | 1 | |

| Group or Category | Pos in | | Rider Details | | | | Final Results | | |
|-------------------|--------|-----|---------------|-----|---------------|-----------|---------------|------|---------|
| | All | Cat | No | Cat | First Name | Last Name | Time | Laps | Remarks |
| ALL Men 10km | 11 | 5 | 841 | NB | Cameron | Heenan | 00.40.49 | 1 | |
| | 12 | 6 | 834 | NB | Sakhelo | Mamba | 00.40.51 | 1 | |
| | 13 | 3 | 808 | AB | Sivuyile | Gulwako | 00.41.19 | 1 | |
| | 14 | 7 | 838 | NB | Sinemphilo | Gulwako | 00.41.20 | 1 | |
| | 15 | 8 | 837 | NB | Bandile | Tfwala | 00.42.29 | 1 | |
| | 16 | 4 | 805 | AB | Yenzile | Mkhonza | 00.42.42 | 1 | |
| | 17 | 9 | 843 | NB | Swelihle | Gamede | 00.42.49 | 1 | |
| | 18 | 10 | 832 | NB | Phiwayinkhosi | Dube | 00.45.43 | 1 | |
| | 19 | 5 | 804 | AB | Lihle | Mkhatswha | 00.48.05 | 1 | |
| | 20 | 6 | 812 | AB | Samkeliso | Dube | 00.48.20 | 1 | |
| | 21 | 2 | 864 | FM | Menzi | Dube | 00.48.26 | 1 | |
| | 22 | 4 | 872 | SB | Jozane | Mazita | 00.48.29 | 1 | |
| | 23 | 11 | 836 | NB | Gianpaulo | Alvares | 00.49.12 | 1 | |
| | 24 | 7 | 815 | AB | Yenti | Sibandze | 00.49.27 | 1 | |
| | 25 | 3 | 867 | FM | Sifiso | Gulwako | 00.50.27 | 1 | |
| | 26 | 12 | 846 | NB | Sisasenkosi | Nyembe | 00.50.41 | 1 | |
| | 27 | 13 | 856 | NB | Nkosikhona | Shabangu | 00.52.57 | 1 | |
| | 28 | 14 | 842 | NB | Nic | Horn | 00.52.57 | 1 | |
| | 29 | 4 | 882 | FM | Dane | Ralfe | 00.53.03 | 1 | |
| | 30 | 5 | 876 | FM | Joao | Cardoso | 00.53.29 | 1 | |
| | 31 | 15 | 844 | NB | Kholwa | Maziya | 00.54.20 | 1 | |
| | 32 | 8 | 833 | AB | Lihle | Dlamini | 00.55.16 | 1 | |
| | 33 | 16 | 835 | NB | Swazi | Ndimande | 00.55.25 | 1 | |
| | 34 | 9 | 802 | AB | Bambata | Gumede | 00.57.49 | 1 | |
| | 35 | 10 | 816 | AB | Andrew | Nemes | 01.01.22 | 1 | |
| | 36 | 11 | 814 | AB | Chris | Horn | 01.02.25 | 1 | |
| | 37 | 12 | 809 | AB | Nicolas | Howe | 01.04.36 | 1 | |
| | 38 | 13 | 807 | AB | Yotam | Uzan | 01.06.15 | 1 | |
| | 39 | 14 | 845 | AB | Dave | Kugara | 01.18.23 | 1 | |
| | 40 | 15 | 813 | AB | Owethu | Dube | 01.19.27 | 1 | |
| | 41 | 16 | 803 | AB | Mazwide | Nxumalo | 01.19.33 | 1 | |
| | 42 | 17 | 806 | AB | Awandze | Nkambole | 01.20.38 | 1 | |
| | 43 | 6 | 875 | FM | Phineas | Lukhele | 01.31.11 | 1 | |